



## PREPARATION FOR PROSTATE BIOPSY

### Medication:

**Enema Casen 250cc. 2 units.**  
**Ciprofloxacino 500 mg pills.**  
**Metronidazol 250mg. pills (FLAGYL).**

If you are allergic, not take Ciprofloxacino and Metronidazol, and take Monurol 3gr. 1 packet 4h before the exploration (only 1)

If you take anticoagulant therapy: Aspirinas, Tromalyt, Disgren: not take them 3 days before the exploration.

Plavix, Iscover, Ticlid: not take 7 days before the exploration.

Sintrom: Visit your specialist.

Oral Anticoagulants: ask to your doctor.

### DAY BEFORE THE EXPLORATION:

In the evening take a Enema Casen de 250cc.

### DAY OF THE EXPLORATION:

#### Antibiotic treatment:

- **Ciprofloxacino 500 mg. 1 pill every 8 hours.**
- **Metronidazol 250mg. 2 pills every 12 hours.**

Start the 2 treatments 4 hours before the exploration.

Don't eat and don't drink anything 6 hours before the exploration.

When you get up in the morning take another **Enema Casen de 250cc.**

Bring with you coagulation tests (Protrombina and Cefalina).

### AFTER THE EXPLORATION:

#### Antibiotic treatment:

- **Ciprofloxacino 500 mg 1 pill every 8 hours. 3 days more.**
- **Metronidazol 250mg. 2 pills every 12 hours. 1 day more.**
- Avoid bed rest
- Seek accompanied.
- If you have discomfort or pain take: Ibuprofeno 600 mgrs every 12 hours.
- It is normal rectal bleeding and urine during the first 2 days. In case of persistent or uncontrolled bleeding and fever over 38 ° go to the emergency service or call us urgent
- It is normal the persistence of black or dark in the sperm 7 days after prostate biopsy.
- Please contact with us in case of emergency (902 20 22 30)