



PREPARATION FOR COLONOSCOPY

TREATMENT:

PLEINVUE® • C.N. 721059-7

GENERAL PRESCRIPTIONS:

- 1 week before making the exploration, NOT TAKE ANY TREATMENT WITH IRON
- If you are taking Sintrom, Pradaxa, Aldocumar... or Clopidogrel (Escover, Plavix,...) ask to your doctor.

2 DAYS BEFORE THE EXPLORATION:

You can take: Rice and pastas, broths, meats and fished to the plate or boiled, hard cheeses, biscotes or cookies without fiber, toast, strained juices, infusions, tea, coffee and drinks without gas.

It cannot take: Salads, vegetables and vegetables, fruits, potatoes, meats and fished in sauce, sausages, milk, fats, pastry and drinks with gas.

DAY BEFORE THE EXPLORATION:

- **IF YOU HAVE THE EXPLORATION IN THE MORNING:**

DOSIS 1: 19 h - you must drink ½ liter of PLEINVUE®, a glass each 15-20 minutes. **IMPORTANT:** After the last glass, you must drink ½ LITER OF SOFT LIQUIDS (water, infusions).

DOSIS 2: 22 h- you must drik ½ liter of PLEINVUE®, a glass each 15-20 minutes. **IMPORTANT:** After the last glass, you must drink ½ LITER OF SOFT LIQUIDS (water, infusions).

- **IF YOU HAVE THE EXPLORATION IN THE AFTERNOON:**

DAY BEFORE EXPLORATION: DOSIS 1: 20 h- you must drink ½ liter of **PLEINVUE®**, a glass each 15-20 minutes. **IMPORTANT:** After the last glass, you must drink ½ LITER OF SOFT LIQUIDS (water, infusions).

DAY OF THE EXPLORATION: DOSIS 2: 8:30 h- you must drink ½ liter of **PLEINVUE®**, a glass each 15-20 minutes. **IMPORTANT:** After the last glass, you must drink ½ LITER OF SOFT LIQUIDS (water, infusions).

CÓMO PREPARAR PLEINVUE®



DOSIS 1 Abra el sobre correspondiente a la **Dosis 1**, y disuelva el contenido en **500 ml de agua fría**. Tómese el preparado lentamente a lo largo de 40-45 minutos. Se recomienda un vaso cada **15-20 min** (125 ml). A continuación tomar 1/2 litro de líquidos claros.



DOSIS 2 Abra el sobre correspondiente a la **Dosis 2** (sobre A + sobre B) y disuelva el contenido de los 2 sobres en **500 ml de agua fría**. Tómese el preparado lentamente a lo largo de 40-45 minutos. Se recomienda un vaso cada **15-20 min** (125 ml). A continuación tomar 1/2 litro de líquidos claros.

DON'T EAT ANYTHING DURING THE PREPARATION UNTIL THE END OF THE EXPLORATION

DAY OF THE EXPLORATION:

- Don't eat anything 6 hours before the exploration.
- Come with another person
- It's forbidden drive after the exploration
- Take with you the prescription of your doctor, the authoritation (if it's necessary) and the preintervention blood test.